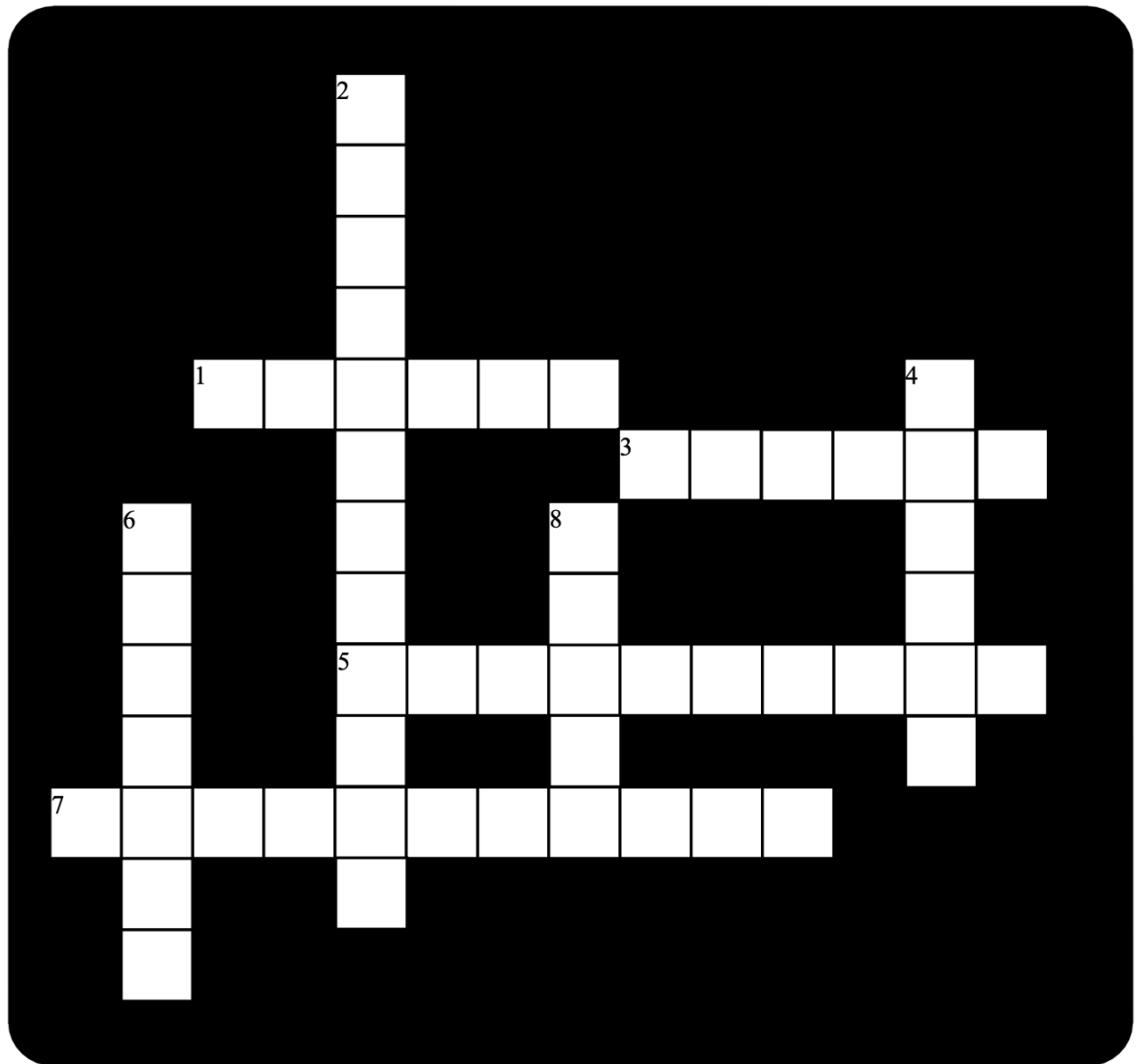


Mentors – White Women – Set A

Crossword Puzzle



Day / Person: 1

Georgia
O'Keefe

American
modern artist



(1887 – 1986)

Overall Quality:
Focus

PUZZLE: 1 ACROSS
Besides flowers,
Georgia often
painted these.

Exercise: Breathe in. Raise your hands upwards in a circular manner until your hands form a prayer position above your head. Breathe out. Lower your hands. Repeat 3X.

Q1. Georgia said, “*When you take a flower in your hand and really look at it, it’s your world for the moment. I want to give that world to someone else. Most people in the city rush around so, they have no time to look at a flower. I want them to see it whether they want to or not.*” **Look out the window or go into nature or find an indoor plant. What do you see when you look closely at something natural?** [Write it down.]

Q2. She is also quoted as saying, “*I’ve been absolutely terrified every moment of my life—and I’ve never let it keep me from doing a single thing I wanted to do.*” **How have you overcome your fears? Which other fears can you overcome?** [Write it down.]

Q3. She said, “*I decided that if I could paint that flower in a huge scale, you could not ignore its beauty.*” To her they were just flowers, not genitals. **What can you bring to people’s attention so that they can’t ignore it anymore?** [Write it down.]

Tell your friends or partner your insights from today’s lesson.